

Health & Human Services

Annual Report

July 1, 2002 – June 30, 2003

Vision:

A community committed to health, wellness and quality of life.

Mission:

Through leadership, collaboration and services, we improve health, wellness and quality of life in a manner that shows respect for, and defends the dignity of citizens and our employees.

Directory

Directors Message

Organization

Funding and Expenditures

Administrative Services

Administrative Support Services

Public Health Division

Overview

Environmental Health Division

Communicable Disease Control

Ryan White CARE Act Services

Immunizations

Family Planning

Maternal/Child Health Home Visiting

Women, Infants and Children (WIC)

School Based Health Centers

Jail Health Services

Emergency Preparedness Program

Alcohol and Drug Prevention

Diabetes Education and Prevention

Tobacco Prevention

Behavioral Health Treatment Division/Rehabilitation Services

Overview

Newport Clinic

South Beach Services/Safe Harbor

Lincoln City Clinic

Housing Development

Developmental Disabilities Program

Commission on Children and Families

Director's Message

I am very pleased to present this Annual Report of the Lincoln County Health and Human Services Department (HHS) for the County Fiscal Year of July 1, 2002 – June 30, 2003. We hope that this report will be useful to the Board of Commissioners, County and local agencies, and the community in understanding and appreciating the broad spectrum of activities and programs that HHS provides in order to safeguard the health of the citizens of Lincoln County.

This report focuses on informing you about the services, goals and priorities of the Department and its Programs. We are intentionally limiting statistical information in order to make the report more reader-friendly. Our intent is to give you the big picture rather than details.

HHS directly touches the lives of a majority of the citizens of Lincoln County. We provide school health centers; inspect all restaurants; provide family planning and reproductive health examinations; provide mental health and addictions treatment; provide the WIC program; offer nurse home visits for all newborns; contract for and oversee residential and vocational programs for people with developmental disabilities; organize and staff community coalitions to address diabetes, tobacco use, and alcohol and drug prevention; provide problem gambling treatment; organize programs to prevent the spread of HIV and sexually transmitted disease; organize to respond to natural disasters or bio-terrorism; and a host of other services and programs to protect the health of the citizens of Lincoln County.

The Health & Human Services Department is a collaboration of diverse services that all strive to improve the health and quality of life for Lincoln County citizens. Our management team and staff continuously find ways to assist each other and work together to improve the quality of services available to the public. We are often painfully aware of having to live within our budget and of the limitations to public services that are part of life in Oregon. The state budget crisis during 2003 forced reductions in mental health and addictions services, elimination of breast and cervical cancer screenings for uninsured women, elimination of tobacco prevention efforts and reduction of a program for treating victims of child abuse. We were only able to maintain School Based Health

Centers due to the generosity and support of the Confederated Tribes of Siletz, our local hospitals and their Foundations and other donors.

This report will go to press prior to the vote on Measure 30 in February 2004. This vote will have a profound effect on the level and quality of services available to the public. Either way, the Lincoln County Health & Human Services Department will continue use the resources available to do all that it reasonably can do to protect the health of Lincoln County.

Jan Kaplan, MSW
Director, Lincoln County Health & Human Services

Organization

As a Department of Lincoln County government and as a partner/contractor for State government, HHS functions as the Mental Health Department, the Public Health Department, the Environmental Health Department, Alcohol & Drug Treatment and Prevention Services, and Developmental Disabilities Services for the county. As of December 2002, HHS also provides administrative oversight of the County Commission on Children & Families.

Broadly, the Department is administratively organized under 4 Divisions; Public Health, Behavioral Health, Rehabilitation Services, and Administrative Services. Our philosophy is that the Department as a whole exists to serve the public and many of our services are combined efforts of different Divisions.

HHS has approximately 90 employees and a budget of around \$7,000,000. Approximately \$2,000,000 of the total budget is contracted to community agencies for services.

Public Health services are provided through clinics in Newport and Lincoln City, School-based Health Centers in High Schools with outreach to Middle Schools, WIC outreach at the Ridge Apartments in Lincoln City, and Health Services in the County Jail and Juvenile facilities. Home Visiting Nurses and Environmental Health Sanitarians provide services around the county.

Behavioral Health services (Mental Health and Addictions) are provided through clinics in Newport and Lincoln City. Specialized services and a consumer drop-in program for adults with chronic mental illnesses are provided in South Beach. Outreach services are provided at Community Corrections, DHS Self-Sufficiency, DHS Child Welfare, School Health Centers, the County Jail, and through outreach case managers. Social Detox and Crisis Respite services are contracted to the Trueman Center. Housing and vocational services are subcontracted to Shangri-La Corporation.

Developmental Disabilities services are based in South Beach and primarily delivered through outreach.

We provide funding and/or staff assistance to community coalitions in all parts of the county concerned with preventing substance abuse, diabetes education, tobacco prevention and other health-related concerns.

We have citizen advisory committees to assist us in planning and priority setting for Public Health, Mental Health, Alcohol & Drug Services, Developmental Disability Services, and HIV/AIDS Prevention. We are actively involved in the Commission on Children & Families, the Local Public Safety Coordinating Council, the Domestic Violence Council, the Lincoln County Interagency Council, the DHS School Integration Project and numerous other committees and groups seeking collaborative solutions to community issues. HHS actively participates in a number of regional and statewide organizations and collaborative efforts to plan, manage services, and to represent our local needs to state policy makers.

Lincoln County Board of Commissioners
Don Lindly
Terry Thompson
Jean Cowan

Jan Kaplan, MSW
Director

Dr. David Long
Health Officer

Dr. Jack Kaczmarek
Behavioral Health Medical Director

Public Health Division
Paula Sampson, RN MS
Division Manager

Environmental Health
Communicable Disease
Maternal/Child Health
Family Planning
Health Promotion
School Based Health Centers
Detention Health
Emergency Preparedness

Behavioral Health Treatment Division
Scott Willard, BS, CADCI
Division Manager

Child and Family Treatment
Alcohol and Drug Treatment
Medication Management
Psychiatric Crisis
Day Treatment
Gambling Treatment
Outreach

Rehabilitation Services Division
Melissa Hart, LCSW
Division Manager

Developmental Disabilities
Housing Programs
Mental Health Consumer Programs
Case Management

Administrative Services
Elaine Todd
Division Manager

Fiscal Management
Information Systems
Bookkeeping
Accounts Receivable
Clerical Support

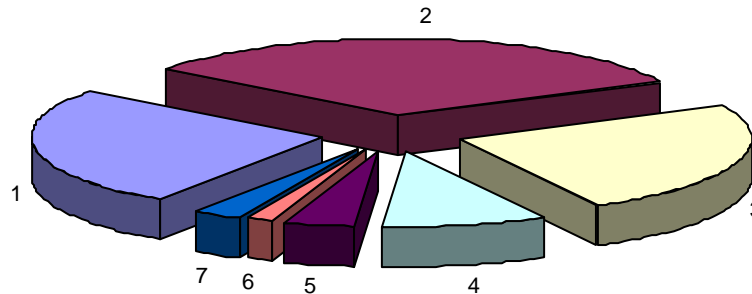
Commission on Children & Families
Roger Adams, MPA
Coordinator

Planning
Contract Management

Funding and Expenditures

Funding for Lincoln County Health and Human Services projects comes from sources as diverse as Federal and State grants, payment for services from private individuals, Medicaid and payment from clients private medical insurance. The actual contribution from the Lincoln County General Fund was slightly less than 9% of total revenue for the fiscal year. Jail Health Services are separately funded through the county General Fund.

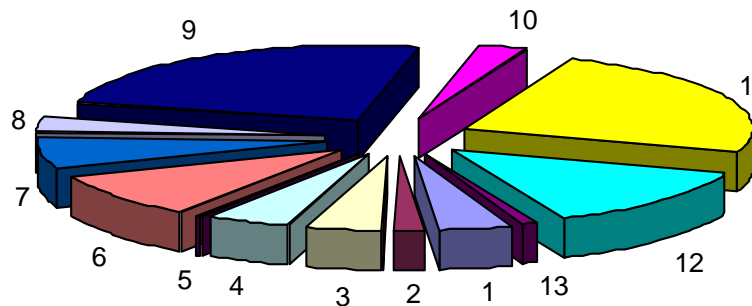
Revenue



1. Federal and State grants and contracts	\$1,900	5. Private Payers	\$ 300
2. Medicaid	\$2,400	6. Private Insurance reimbursement	\$ 100
3. State funding for outside contracts (i.e. Shangri-La Corp.)	\$1,800	7. Miscellaneous (includes Flu shots, alcohol tax revenue, donations, interest, etc.)	\$ 200
4. Lincoln County General Fund	\$ 675		

(all dollars in 000's)

Expenses



1. Environmental Health	\$ 300	7. Family Planning	\$ 450
2. Emergency Preparedness	\$ 120	8. Immunization/Communicable Diseases	\$ 250
3. School Based Health Centers	\$ 300	9. Outside Contracts (i.e. Shangri-la)	\$ 1,750
4. Developmental Disabilities	\$ 330	10. Health Promotion	\$ 190
5. Administration (represents dollars not directly allocated to individual programs)	\$ 30	11. Behavioral Health Clinics - Newport and Lincoln City	\$1,750
6. Maternal/Child Health	\$ 700	12. Behavioral Health Clinic - South Beach	\$ 950
		13. HIV - Ryan White	\$ 60

(all dollars in 000's)

Administrative Support Services

It is the responsibility of Administrative Support Services to provide clerical and secretarial services to clinics and programs within the Health and Human Services Department as well as maintain vital records such as Birth and Death Certificates, coordinate fee collection, billing and bookkeeping services and oversee the operations functions of the Department including personnel records, safety committee, grants/contracts and budgets.

During the past year, the busy staff of 20 accomplished a number of important projects that contributed to the overall success of the department:

- *Implemented and trained staff on Health Insurance Portability and Accountability Act of 1996 (HIPAA - federal confidentiality rules)*
- *Reconfigured Public Health and Behavioral Health reception areas*
- *Provided clerical staffing to flu clinics and implemented the flu clinic data base*
- *Installed software and trained staff in centralized calendar system*
- *Updated the department web-site*
- *Installed the WIC "TWIST" computer system*
- *Upgraded Behavioral Health computers*

A busy year awaits the Administrative Support Services department. Hiring of additional computer and accounting staff will enable the installation of Ecet (an electronic records system), the TWIST system autodialer and the completion of written HIPAA policies and procedures. Also scheduled is an update of the department orientation manual, the completion of the remodeling of the Lincoln City Mental Health Office, reorganization of South Beach storage facilities with written storage policies, preparation of a long-range technical plan and an update of the Mental Health cost study.

Public Health Division

The Public Health Division is responsible for protecting the health of our citizens by controlling communicable disease; maternal & child health services; WIC, reproductive health services; monitoring food, lodging, and pool facilities; preventing the spread of AIDS/HIV and providing services to people with this disease; promoting key public health issues (alcohol & substance abuse prevention, diabetes education); providing School Health Centers; collecting and reporting of health statistics; providing Detention Health services; and planning for how to respond to potential natural and/or bio-terrorist emergencies.

The Public Health Division partners with the Behavioral Health Treatment Division in:

- *School-based Health Centers and the Jail Health program*
- *Health Promotion Program for Alcohol & Drug Prevention*
- *Assuring behavioral health services for Public Health clients*

The Public Health Division partners with Administrative Services in the collection of health data from birth and death certificate.

Some Major Accomplishments of 2002-03

- Major participation in community health planning with Samaritan Health Services
- Partnering with the Council on Aging and RSVP, over 4000 flu shots were given.
- Began Family Home Visiting program to reduce child abuse.
- Major contribution to keeping Teen Pregnancy rate below state average
- Lincoln has one of highest rates of childhood immunizations in Oregon
- After Measure 28 resulted in loss of funding for School Health Centers, obtained grants and community funding to continue to operate.
- Began development of linkages and planning with local law enforcement, fire services, hospitals, pharmacies and county Emergency Management to assure preparedness for natural and/or biological emergencies.

2003-04 Selected Goals

- Continue high standards in operating basic Public Health services.
- Develop strategy to assure long-term, stable funding of School Health Centers.
- Continue to strengthen and build community partnerships.

Environmental Health Services

Environmental Health Services Department provides services that affect all of those who live and work in Lincoln County as well as every visitor to our area. From inspections of restaurants, lodging and other public facilities to administration and unincorporated area code enforcement in the disposal of solid waste and ensuring a safe drinking water supply, Environmental Health is responsible for many of the functions the public thinks of when they hear the term "Health Department".

Environmental Health is responsible for a large element of the County's emergency response efforts including operating a 24/7 on-call system to coordinate with all elements of local, State and regional responses to a variety of crises involving the public health. Environmental Health also provides an important educational service to the public, empowering affected individuals to make informed choices regarding exposure to environmental hazards or threats.

The past year saw the staff of Environmental Health engage in a number of important projects including:

- *Completion of a statewide drinking water assessment survey in conjunction with the Oregon Health Department.*
- *Providing public education/information regarding the West Nile Virus.*
- *Conducted inspections in food service (623), traveler's accommodations (109), pools/spas (182) and food handlers (1,569).*

Goals for Environmental Health include increasing the number of inspections conducted to continue to keep the disease rates for food, water and lodging related diseases reduced to below State averages.

Communicable Disease Control

Prevention of the onset and spread of 51 communicable diseases, infections and conditions is mandated by Oregon law. The communicable disease program seeks to investigate, identify, control, treat and eradicate possible sources of disease entities as reported to LCHHS. The program works to provide low-cost medical (screening, diagnostic and/or treatment) services for select diseases and, in conjunction with the Immunization program, supports prevention of vaccine-preventable reportable communicable diseases. Staff also provides investigative assistance to support Environmental Health when necessary.

Over 100 cases of reportable entities were investigated during the year and 794 clinic visits for screening, treatment and/or prevention of reportable entities were recorded between 2 clinic sites.

Ryan White CARE Act Services

The Ryan White Comprehensive AIDS Resources Emergency (CARE) Act is Federal legislation that addresses the unmet health needs of persons living with HIV disease by funding primary health care and support services. The CARE Act was named after Ryan White, an Indiana teenager whose courageous struggle with HIV/AIDS and against AIDS-related discrimination helped educate the nation.

In Lincoln County the goal of the Ryan White CARE Act Services program is to improve the health of those living with HIV/AIDS and to keep all HIV positive residents in medical care that specializes in this disease condition. Referrals are made to appropriate health and social services agencies for eligibility determination and follow-up. Payment is provided for support services and emergency assistance that keep HIV positive clients on medications or in medical care. Communication is maintained with HIV specialists to assure continuation and coordination of care.

Case management was provided for 28 clients during the year.

Immunizations

A comprehensive immunization program for children and infants is essential to the maintenance of general public health. Compliance with Oregon's immunization laws requires not only that specific immunizations be provided to designated segments of the population but that adequate records be kept and made available as needed to ensure the continued effectiveness of the program. Many entities and individuals work together to deliver immunization services in a number of locations. All MCH nurses provide immunizations on Home Visits. Communicable Disease nurses provide immunizations in public health clinics. School based clinic nurses provide immunizations at the School Based Health Centers and outreach clinics. WIC staff assesses clients for immunization status and all RN staff participate in countywide Flu Clinics immunizing against flu and pneumonia.

A review of this year's county immunization statistics reveals that:

- *62.1% of 7th graders were complete for all immunizations.*
- *97.3% of 7th graders were immunized for Varicella.*
- *86% of 2 year olds are adequately immunized.*
- *387 immunizations were provided at outreach clinics.*

- *6727 immunization records were reviewed for compliance Oregon Immunization Law.*

Some of these areas can be improved upon and to that end effort will be directed toward increasing the percentages of 7th graders with complete immunizations and those immunized for Varicella to more than 97.3%. An improvement in record keeping will be attained through conversion to the new Iris Immunization Computer System.

Family Planning

The Family Planning program provides quality reproductive health services to clients in Lincoln County toward the ultimate goal that every pregnancy occurring in the county be a welcomed and planned pregnancy. Women are provided access to reproductive health exams necessary to start and maintain a contraceptive method. Women wishing to defer pregnancy are provided contraception of choice including emergency contraception. Additionally, women are provided easy access to pregnancy testing and timely referral for pregnancy related care. Charges for all services and supplies are based on income and without regard for ability to pay.

In addition to the clinics in Newport and Lincoln City, two additional outreach clinics were maintained and a total of 1738 clients were served in 3570 visits. 73% of clients were at or below Federal Poverty Level.

Maternal/Child Health Home Visiting

The Maternal and Child Health program seeks to provide a multi faceted approach to ensuring the healthy development of very young children through interacting in a variety of ways with pregnant women, new mothers and families. Intervention at an early stage can decrease infant mortality and SIDS, reduce the use of alcohol and tobacco during pregnancy and increase the percentage of healthy newborns whose mothers received prenatal care during the first trimester. Continuing assistance with young families can improve the physical, developmental and emotional health of high-risk infants, increase the immunization status of small children, decrease child abuse and improve the health, safety and development of children in childcare settings.

From the very beginning, pregnant women are assisted in Oregon Health Plan application, assessed for WIC eligibility, referred to Maternity Case Management (MCM) for home visiting and helped with prenatal care appointments. When necessary following birth, families are assisted with identifying and accessing appropriate community resources for their child's specific needs. Early identification of infants and young children with developmental and/or other health and medical related problems

increases the effectiveness of treatment both for the individual and the family.

Home visits are provided for infants and children with diagnosed medical conditions or definite developmental delays in order to increase the family's ability to manage and care for the child. Additionally, children with special needs (medically eligible conditions as defined by the Child Development and Rehabilitation Center) will be identified and will have access to community based, family centered coordinated care.

The Maternal and Child Health program also works to improve smoking cessation among low income and other high risk pregnant women, to provide support to first birth families from the child's birth to 5 years of age and with the provision of nurse consultation services to County childcare providers.

During the past year:

- *1079 home visits were made to families with infants at risk for developmental delays.*
- *149 home visits were made to families at medical risk.*
- *720 home visits were made to pregnant women.*
- *179 pregnant women participated in Oregon Mother's Care.*

WOMEN, INFANTS and CHILDREN (WIC)

The Women, Infants and Children program seeks to improve the health status of participants through proper nutrition and the development of healthy eating habits. Success of this program results in improved children's diets and the growth of at risk infants and children. Additionally, proper nutrition can reduce fetal deaths, infant mortality and iron deficiency anemia in children and increase birth weight rates and the duration of pregnancy. WIC enrolled children are referred to a regular source for medical care and immunizations. WIC enrolled pregnant women are referred to adequate prenatal care.

All departments within Public Health make referrals to WIC. The Ocean Spray and Lincoln City Ridge Apartments provide locations for outreach WIC Clinics. Current monthly caseload is 1353 WIC clients. The WIC program distributed \$703,314.00 in food vouchers to women, infants and children in need. The funds were spent locally.

School Based Health Centers

School Based Health Centers and the DHS School Health Service Integration Project provide specifically targeted health services to students in county High Schools and Middle Schools. Healthy children attend school more regularly and are more successful than students who have unmet health concerns. In Lincoln County, the school based program specifically seeks to address and reduce teen pregnancy, suicide and drop-out rates, decrease teen use of alcohol, drugs and tobacco and improve access to health care for the student population. The DHS School Health Service Integration Project addresses the need for improved access to health care for students by identifying available community resources and removing barriers to access of those services. Identifying and creating an inventory of unmet needs can eliminate gaps in services.

The past year was a busy and successful one for our School Based Health Centers. 4,674 visits were recorded during the school year and more than 27,500 advocacy contacts for students and their families were provided. Dental services were made available to school aged children identified as "in need" and uninsured. Behavioral Health services were provided at all High Schools and Middle Schools and immunization support ensured adequate levels among school aged children and youth.

Despite the loss of State funding for School Based Health Centers for the 2003/2004 school year, community support was secured to enable operations to continue. Program staff will work in the coming year to seek Federally Qualified Health Center status for our communities in conjunction with the local Community Health Improvement Partnership (CHIP). Stabilization of funding is critical to the continued success of these important programs. To that end, staff will work closely with the State Office of Family Health and the Oregon School Based Health Center Network in order to move toward that goal.

Jail Health Services

The Jail Health Services program is accredited through the National Commission of Corrections Health Care and provides physical and mental health services to all of the up to 157 inmates of the Lincoln County Jail and Juvenile Facility. Inmate health needs are assessed, monitored and treated by licensed medical staff and proper medications are provided. Infection control is maintained for the entire facility. Corrections deputies are trained in basic physical and mental health monitoring and the administration of medications.

Within the past year Jail Health Services:

- *Coordinated Mental Health services for chronically mentally ill inmates with the Lincoln County Behavioral Health Division.*

- *Coordinated high-risk Hepatitis vaccinations for inmates at risk of contacting Hepatitis C with the Public Health Division.*
- *Maintained accreditation for an additional three years following site visits and inspections in September 2003.*

Emergency Preparedness Program

The Emergency Preparedness program works in conjunction with Law Enforcement, Lincoln County Emergency Services, Samaritan Health System and local health providers to evaluate, develop and upgrade Public Health responses in the event of an emergency. Procedures for response to a variety of emergencies are incorporated into the Lincoln County Emergency Operations Plan (LCEOP). Coordination occurs with adjacent counties as well as State and Federal agencies to ensure the most appropriate response to a countywide health emergency including bioterrorism.

A number of projects were completed by program staff during the year including:

- *A draft of Lincoln County Bioterrorism Preparedness Procedures that will be included in the LCEOP.*
- *A local Smallpox Response Team was formed including three vaccinated RN's. This team can coordinate with a regional team if necessary.*
- *Animal health surveillance and reporting procedures have been developed. Reporting and investigative relationships have been established between local veterinarians and the Department of Agriculture.*
- *A Senior and Disabled Services system has been established to assist fragile citizens in the event of a natural or man-made disaster.*
- *With the commitment of local pharmacists, a system of pharmaceutical coordination for distribution at mass clinics has been put in place.*

Program staff will continue to implement draft programs during the coming year. Additionally the Bioterrorism Preparedness Draft will be incorporated into the LCEOP, a mass Vaccination/ Prophylaxis Plan will be created, internal emergency policies and procedures will be developed and the Lincoln County Health and Medical Annex will be updated and integrated into the LCEOP.

Alcohol and Drug Prevention

The Lincoln County Alcohol and Drug Prevention Program promotes the prevention of drug and alcohol abuse, primarily in children 8th grade and younger, with the understanding that proper education and intervention with younger children is the best way to prepare them for a life that is not dependent on substance abuse. Statistical data shows that Lincoln County's rates for alcohol and drug use by minors exceeded the

State average in virtually every category. Drop out and attempted suicide rates among youth were higher than State averages as well. The Alcohol and Drug Prevention Program works in conjunction with community coalitions including the Siletz Valley Partnership (SVP), East County Community Partnership (ECCP) and Partnership Against Alcohol and Drug Abuse (PAADA) to maximize their efforts to reduce drug and alcohol abuse.

During the past year 5745 county residents participated in prevention activities. The majority of these participants (62%) were between the ages of 5 and 14 years. Specific outreach means included:

- *"Make a Difference Day", a red ribbon recognition breakfast.*
- *Positive Youth Development training sessions to address developmental assets, mentoring and prevention strategies.*
- *Four Community Town Hall meetings specifically addressing methamphetamine and communication with youth.*
- *Two youth forums on the subject of underage drinking.*
- *Radio and Newspaper media campaigns.*
- *Development of the North County Community Coalition.*
- *Technical support to the South County Youth Center.*
- *Youth prevention education programs.*
- *Parenting programs.*

The next year promises to be one of greater challenges that program staff will meet with increased community engagement and participation with community groups and coalitions. A comprehensive community prevention plan is being developed including an implementation strategy and an effective evaluation process.

Diabetes Education and Prevention

Diabetes ranks as the 5th leading cause of death in Lincoln County according to Oregon Vital Statistics. Heredity, excess body weight, improper nutrition and the lack of regular or sustained physical activity can all contribute to an individual being diagnosed with diabetes. The Diabetes Education and Prevention program seeks to reduce the burden of diabetes in Lincoln County by increasing awareness that diabetes is a serious condition and promoting the importance of self-management and treatment. Collaborating with the local health care system to improve the distribution and receipt of preventive services and with local partners to foster health-promoting environments for high risk populations results in a reduced rate of new cases and a healthier life for those already diagnosed.

Diabetes self-management education was made available through a number of community-based resources including:

- *Diabetes education classes for the Hispanic community. Educational materials are distributed at ESL courses at OCCC.*
- *Informational distribution at the Lincoln County Fair, North Lincoln Hospital Health Fair, City of Newport Recreation Center Health Fair and the Retired Senior Volunteer Program (RSVP) Health Fair where free Blood Glucose screening was also provided.*
- *Distribution of a newly developed self-management resources guide that is linked to the county website.*
- *A four-week educational program. Five of these low-cost programs were held attracting 67 attendees.*
- *The second annual countywide Diabetes Update Symposium, which was attended by 74 individuals.*
- *A newly established database of persons living with diabetes in Lincoln County currently containing 345 persons.*

Local media, including newspaper, Public Service Announcements, newsletters and payroll stuffers, were utilized in a number of ways to increase knowledge of diabetes risk factors, prevention and self management and to increase the number of diabetes patients who receive flu and/or pneumococcal vaccines.

Professional education was conducted as well among WIC staff, Maternal Health Nurses and local Head Start staff to encourage observation of risk factors for diabetes in children and how to address childhood obesity in clinical settings. Paraprofessionals working in assisted living facilities were instructed on dealing with diabetes in their residents.

Providing adequate services for the growing numbers of diabetics in our county will require sustained activity in the maintenance of our extensive volunteer coalition, continuing efforts to expand outreach for awareness and self management and increased collaboration with Samaritan Health Systems to increase educational opportunities.

Tobacco Prevention

Health Promotion staff provided support to the local Tobacco Coalition, a volunteer organization made up of physicians, hospital staff, local treatment providers and concerned citizens and youth. Their efforts were primarily directed toward:

- *Creating tobacco free environments through education and compliance enforcement of the Smoke-free Workplace law and raising awareness of the dangers of second hand smoke.*

- *Promoting linkages to cessation by increasing public awareness of the Oregon Quitline and educating physicians and treatment professionals in it's use.*
- *Educating community retailers toward reducing youth access to tobacco products and to tobacco advertising and promotion.*
- *Providing tobacco education to youth in partnership with the Lincoln County School district.*

A number of specific activities were directed toward the dissemination of tobacco prevention information to the public. Utilizing opportunities at the Lincoln County Fair, the Relay for Life and community newsletters as well as targeted news releases and Public Service Announcements allowed for broad distribution of material at a nominal cost. Local youth also created posters for display in local businesses and produced and aired radio messages recognizing and promoting the Great American Smoke Out.

Funding for the Tobacco Prevention program was suspended on April 7, 2003 following the Oregon Legislature's decision on March 4, 2003 to redirect Measure 44 funds to the help balance the State budget.

Behavioral Health Treatment Services Division

The Behavioral Health Treatment Services Division is responsible for organizing and providing Mental Health, Alcohol & Drug Abuse, and Gambling treatment services in the county. Specialized services for adults with serious mental illnesses are provided in South Beach and through outreach. Services for children, families, and the general adult population are provided through clinics in Newport and in Lincoln City. The Division provides outreach services at the 4 School-Based Health Centers, Community Corrections, the Jail, Juvenile Detention, DHS Child Welfare, and DHS Self Sufficiency. Outreach services were also provided at the Children's Advocacy Center until April 2002 when they had to be eliminated due to the failure of Measure 28.

The Behavioral Health Treatment Division partners with the Public Health Division in:

- *School-based Health Centers and in the Jail Health program*
- *Health Promotion Program for Alcohol & Drug Prevention*
- *Providing consultation to home visiting Nurses and Public Health Clinics*

The Behavioral Health Treatment Division partners with the Rehabilitation Services Division by:

- *Sharing the South Beach facility*
- *Coordinating treatment with consumer-led programs and with housing initiatives.*
- *Joint planning*

Some Major Accomplishments during 2002-03

- Opening of South Beach facility to improve services to adults with serious mental illness.
- Reorganization of staffing to increase support of adults with serious mental illness and to increase staff in Lincoln City.
- Significant reductions in the number of psychiatric crises due to increased support services at South Beach.
- Significant reduction in the number of psychiatric hospital admissions resulting in savings of over \$100,000.
- Initiation of Gambling Treatment Program
- Major increase in group treatment and education programs- increased number of people able to obtain some services despite reductions caused by Measure 28
- Initiation of Intensive Outpatient Program for Corrections clients with serious substance abuse problems.

2003-04 Selected Goals

- Continue developing Crisis Resolution Center (partner with Trueman Center)
- Engage stakeholders in plan for improving Children's services.
- Continue to expand housing opportunities.
- Further develop Dual Diagnosis treatment approach.
- Increase number of consumers involved in planning and evaluation of services.

Newport Clinic

The Newport Behavioral Health Clinic provides services relating to psychiatric evaluation and medication management, alcohol, tobacco, drug and gambling addiction and counseling for children and families.

Psychiatric and medication management services were provided in partnership with professionals in the community to Oregon Health Plan members, private insurance clients, jail inmates and, as resources permitted, other county residents seeking these services.

Comprehensive counseling services were provided to clients with both substance use disorders and mental health disorders to address both conditions in a standardized manner. Treatment options included:

- *An addictions counselor who provided alcohol and drug assessments and outpatient alcohol and drug treatment for adolescents and adults throughout the county including the School Based Health Center network. Community outreach efforts included Teen Choices, Town Hall meetings, public speaking engagements at Toledo High School and participation in*

community coalition activities. Additionally, a weekly recovery group for women was provided.

- *A counselor who provided forensic services in collaboration with Lincoln County Community Corrections staff for persons who have been ordered by the judicial system to seek services and/or who have been recently released from jail. Assessment focused on the person's behavioral health including alcohol and drug issues.*
- *An intensive outpatient program in a group setting that addressed the distorted thinking patterns that contribute to alcohol and/or drug problems and criminal thinking errors. This program was held in three-hour blocks three times per week.*
- *A gambling counselor provided gambling prevention and treatment throughout the county, educating both the community and LCHHS staff on gambling addictions and prevention and treatment options available through the Department of Health and Human Services. Collaboration with gambling addiction counselors throughout the state ensured a "state of the art" approach to this growing problem.*

Counseling for children and families (including other relative care givers and foster parents) was provided to improve the child's level of behavioral functioning within his/her natural support system (home, school, community) by using individual, family and group counseling techniques.

Counseling and treatment for child abuse and parenting education were conducted in conjunction with three School Based Health Centers, the Children's Advocacy Center and at the Department of Human Services.

South Beach Services / Safe Harbor

The South Beach Clinic provides medication management, case management, therapy and a supervised setting for people with severe and persistent mental illness. The programs offered at the South Beach Clinic include Triage, Safe Harbor and community support services. During the year, Triage merged with community support services to provide a higher, more responsive level of care.

The Triage program provided 24/7 services for mental health emergencies. The staff also supervised people who have been civilly committed or have been released back to the community by the Psychiatric Security Review Board. Triage provided assessment, diversion and case management services to the Trueman Recovery Center, Lincoln County Jail and to local hospitals and schools.

Safe Harbor served individuals with severe and persistent mental illness providing an array of services and supports intended to maintain stability, reduce the need for hospitalization and increase the client's functioning in areas of social interaction, leisure and vocational skills, self-confidence, symptom management, self-

management, health and fitness. The program encouraged client involvement and leadership in identifying needed supports and services and providing peer-to-peer support. Clients are encouraged to come in to the clinic at any time and participate in activities of their choice.

Clinic staff received a call one day that "Trevor" was about to be released from the State Hospital after four years of confinement. He would still be on probation and civil commitment but he had no resources. Staff coordinated benefits with the Department of Human Services, temporary housing with Trueman Recovery Center, treatment services with Parole and Probation and food with Food Share. Trevor was accepted into Safe Harbor for daily case and medication management and protective payee services. With staff assistance he was able to find an apartment. Statistically, the odds were against Trevor lasting even two weeks in the community but instead he is succeeding.

Safe Harbor coordinated closely with therapists and case managers to meld treatment with social support and skill development and with the Triage team and Trueman Recovery Center to serve individuals that have been placed in respite. Staff also assists clients with access of other local and State agency resources.

Specific accomplishments during the year include:

- *A move to new space where clients can cook meals, socialize and participate in leisure, skill building, educational and treatment activities.*
- *Transportation was added that drops off and picks up clients from Otis to Waldport and enables clients to get to and from doctors and other appointments and to access community resources such as the Newport Recreation Center and community pool.*
- *Increased transportation and the move to new space have resulted in an increase in average numbers of clients served from 10-15 per day to 20-28 per day.*
- *Worked with Food Share to make sack lunches for their summer lunch program. Five clients worked to provide over 750 lunches per week to low-income children.*

Program staff constantly interacts with clients in an effort to identify services, support and activities of interest and add to current program offerings as needs and interests are expressed. During the coming year the program plans to offer at least one treatment or educational group each day along with daily semi-formal support groups (peer support or rap groups) and focus on development of employment or volunteer activities. Discussion will continue with Food Share and other groups for possible partnership opportunities.

Lincoln City Clinic

Services offered at the Lincoln City Behavioral Health Clinic in many ways parallel those provided in the Newport Clinic providing mental health assessments, treatment plans and therapy to clients in a one-on-one, group or family context. The clinic interfaces with the Lincoln County School District, Disabled Services, the State Employment Department and numerous other agencies and groups including private counselors to tailor treatment and recovery programs to the needs of the individual.

During the past year the Lincoln City Clinic was able to increase its office usage to full time thereby making it possible to increase the clinic's use of group work to address needs and to serve clients previously seen by private providers in the area.

"Sharon" is the young mother of a seven-year-old boy named "David". Sharon contacted the Lincoln City Behavioral Health Clinic at the request of David's school. Clinic staff interviewed Sharon to determine the nature and scope of the problems David was having in school and an appointment with a staff clinician was scheduled. During the meeting with mother and son it was determined that a Family Assessment was needed to determine family involvement in treatment and whether medication management would be necessary.

During the Family Assessment mother, father and son were interviewed together and separately. Diagnostics determined possible ADHD so the parents were enrolled in an ADHD/Developmental Disabilities Caregivers Group and David was set up in a self-esteem group. Family treatment and follow up was scheduled on a monthly basis. Additionally, an appointment was set up for David to meet with a Child Psychiatrist to determine the need for any medication. The clinician followed up on this case over the next six months and, at last report, David and his family have made great progress and his problems at school have been all but eliminated.

Housing Development

Individuals in Lincoln County with severe and persistent mental illness have not had access, in the past, to adequate housing beyond what they could get from their case manager. In order to move toward a goal of a continuum of housing options for these clients the Health and Human Services Department partnered with two private non-profit Lincoln County corporations in 2002.

The Community Development Corporation of Lincoln County, with the assistance of State and Federal grant funds developed a nine-unit apartment complex for persons with severe and persistent mental illness. The "Yaquina Breeze" apartments opened in August 2002 and have been

fully occupied since that time. LCHHS Behavioral Health Division staff provides support services to persons living in this facility.

With the aid of State Mental Health Division funds, LCHHS was able to contract with Shangri-La Corporation to develop a five-bed Residential Treatment Home. The home opened in August 2002 and provides residence for five previously hospitalized individuals as they prepare to make the transition back into the community. One individual has already moved from the home to an apartment and the remaining residents plan to eventually move to more independent housing.

A HUD financed Rural Oregon Lease plus Support (ROs) grant and a Federal Real Choice Housing grant have provided funding to assist individuals with severe and persistent mental illness who were previously homeless with access to permanent housing. These funds are adequate to assist 5 individuals at any one time and are available for up to three years for any qualifying individual. Funds may be used to pay housing related costs such as security, rental or utility deposits or first and last months rent.

The housing situation for people with mental illness in Lincoln County improved dramatically during the past year but additional improvements are needed including:

- *Transitional housing between the levels of 24-hour staffing and full independence.*
- *Development of a vocational program to assist mentally ill individuals with employment or volunteer opportunities.*
-

Developmental Disabilities Program

The Developmental Disabilities Program is the key to services and support outside the school system for children, their families and adults. The program assists individuals and their families in the location and access of resources needed to keep a developmentally disabled child or adult in their home and community. The program currently:

- *Has an enrollment of 179 individuals in case management services.*
- *Coordinates with the Lincoln County School District and the Educational Service District to advocate with families for appropriate school services.*
- *Contracts and works closely with Shangri-La Corporation to provide quality residential and employment services.*
- *Utilizes the Integrated Service Network brokerage to provide support services to 25 individuals.*
- *Coordinates with other local and state agencies to provide additional specialized services.*
- *With the assistance of federal funding, maintains a quality assurance program to verify and ensure consistent delivery of services.*

"Alice" is a 20-year-old woman with developmental disabilities. She is non-verbal but is able to use a communications device. She lived at home and attended school.

The school contacted LCHHS with concerns about Alice being neglected and possibly abused. The Protective Services worker for the Developmental Disabilities Program worked with the school district, law enforcement, the State Office of Investigation and Training and the Integrated Services Brokerage to investigate the situation and located a new living situation where she is reported to be thriving.

Parents of children with special needs must have access to information that can assist them in effectively raising and caring for their children. To that end, the Family Resource Library has been expanded to include a support group for parents of children with autism spectrum disorders. These sessions have been very well received and provide additional opportunities to distribute information in addition to giving the caregivers some time away to regroup.

During the coming year the Developmental Disabilities Program will be subjected to a review and certification process conducted by the State Office of Services to Seniors and People with Disabilities. The Program intends to be ready for certification as of January 2004. To this end, policies and procedures are being updated to ensure compliance with Oregon Administrative Rules and a Quality Assurance Committee has been formed. Additionally, an Emergency Response Plan is being developed in cooperation with Shangri-La Corporation covering their residential programs and another plan is being developed to assist vulnerable individuals who live independently or in family homes.

Commission on Children and Families

The Lincoln County Commission for Children and Families acts as a facilitator in the development, expansion and advancement of countywide social service infrastructure specifically as those programs benefit the quality of life for children and families within the Lincoln County community. The Commission provides financial, technical and administrative resources to other programs and agencies in an effort to:

- *Reduce substance abuse by adults and adolescents*
- *Reduce child maltreatment*
- *Increase the quality and availability of child care and education*
- *Reduce juvenile crime*
- *Increase community engagement*

During the past year, the Commission on Children and Families re-wrote the Juvenile Crime Prevention (JCP) Plan with a new case management focus and separated the Commission and JCP budgets setting up functional computer programs for JCP. A staff restructuring was also set in motion including the positioning of a transition team consisting of the HHS Director, Interim Coordinator, Administrative Assistant and Fiscal Staff. Completion of this process is scheduled for the coming year.

A number of challenges exist for the Commission on Children and Families in the coming year. In addition to completing a physical move into new quarters at the LCHHS offices the Commission will execute the initiatives identified at the first annual Lincoln Commission on Children and Families retreat including:

- *Refocusing on the original goals of the Comprehensive Plan and clarifying the role of the Commission members in carrying out that plan.*
- *Establishing the priorities of the Commission in light of current budget restraints.*
- *Clarifying the Commission's function as a facilitative body rather than a funding body.*

Continued emphasis on priorities will enable the Commission to act as an information conduit to the community regarding the Commission's role in facilitating collaboration among private, public and not for profit sectors within the County to enhance the County's capacity to provide services to children and families.