

MENTAL HEALTH SERVICES

MENTAL HEALTH

Offers counseling and case management to adults, adolescents, children and families. Group, family and/or individual counseling for problems addressing:

- Self-esteem
- Appropriate expression of feelings, and healthy boundaries
- Coping skills
- Children with behaviors and/or emotional problems and parent training
- Medication evaluation and management
- Support and peer-building relationships

Other services include:

- Screening requests for crisis services during normal working hours
- Providing follow-up care after a crisis and brief therapy
- After-hours counselor contact for crisis by calling 911 or 1-888-232-7192
- Website Network of Care <http://lincoln.or.networkofcare.org/mh>

ADDICTIONS

Services include:

- Outpatient alcohol and drug treatment
- Group therapy
- Alcohol and drug evaluations
- Prevention and early intervention programs



COMMUNITY SUPPORT

Provides the following supportive services to adults with severe mental illness:

- Case management
- Individual, group and family counseling
- Skills development
- Daily structure and support program
- Consumer run drop-in center
- Supports for consumer self-advocacy
- Medication evaluation and management

PUBLIC HEALTH SERVICES

WIC

Women, Infants and Children Program

A nutrition education and food supplement program for:

- Pregnant women
- Breastfeeding women
- Non-breastfeeding women with children under 6 months of age
- Infants and children under 5 years of age
- Must be income eligible, and have a medical or special diet issue
- May also provide breast pumps
- Provides diet counseling with registered dietician

Newport 541-265-4163 Lincoln City 541-265-0578

MATERNAL/CHILD HOME VISITORS

Nurses providing home visits to pregnant women, new families and children with special health needs:

- Provides education on prenatal care
- Provides education about child development
- Performs developmental testing
- Offers support to families
- Provides immunizations and WIC services
- Connects you to other helpful services



IMMUNIZATIONS

Vaccinations for infants, children and adults:

- By appointment in Newport or Lincoln City offices
- At outreach clinics around the county
- Flu shots during flu season

COMMUNICABLE DISEASE CONTROL

Disease reporting and investigation mandated by law:

- Obtain data about each case
- Inform person of disease nature and provide necessary information
- Identify, notify, test or treat those exposed to each case

TUBERCULOSIS CLINIC

Screening and testing of persons who have been exposed to or need TB screening for work providing:

- Testing and any needed follow up
- Medications at no charge, for the treatment of tuberculosis

HIV SCREENING & SUPPORT SERVICES

Confidential or anonymous testing of persons concerned about HIV disease providing:

- Testing, education and counseling
- Referral sources for health care & support groups
- Case management by a registered nurse

HEALTH PROMOTION/PREVENTION

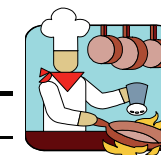
Health promotion services include:

- Community wellness education
- Resources for healthy living with chronic conditions
- Alcohol, tobacco and drug prevention & education
- Enforcement and education of Underage Drinking Laws

ENVIRONMENTAL HEALTH

Registered Environmental Health Specialists:

- License & inspect facilities including restaurants, temporary food booths, public pools & spas, hotels, motels, R.V. parks and organizational camps
- Inspect school kitchens, day care centers, and other facilities (as requested)
- Monitor public water systems and assist to maintain safe drinking water
- Provide a response to various hazardous material problems
- Provide solid waste code enforcement in areas outside of cities and solid waste administration on behalf of Lincoln County
- Provide 24 hour/7 days per week environmental health crisis on-call coverage for related problems
- Train food handlers as required by state law



PRIMARY CARE SERVICES
Lincoln Community Health Center

PRIMARY CARE

Provides primary health care services aimed at improving the health and wellness for the uninsured and underinsured through:

- Routine office visits for illness
- Annual physical examinations
- Well child visits
- Immunizations
- Health education
- Disease prevention
- Diagnosis, management and care for chronic illnesses
- Access to mental health screening and practitioners
- Dental care services
- Help applying for Oregon Health Plan
- Help applying for Prescription Drug Assistance
- Referrals to laboratory and other specialty providers as needed

FAMILY PLANNING

Health care for women wanting birth control providing:

- Necessary exams and other related women's services
- Birth control options and instruction
- Plan B (emergency contraception)

OREGON MOTHER'S CARE

Helps pregnant women with pregnancy testing, health insurance (OHP), prenatal care and WIC.

SCHOOL BASED HEALTH CENTERS

Provides a variety of health and counseling services by nurses, nurse practitioners and counselors in Lincoln County schools.



DEVELOPMENTAL DISABILITIES PROGRAM

Provides life-long case management services, aimed at improving the quality of life of persons with mental retardation or developmental disabilities through:

CASE MANAGEMENT

- Needs assessment
- Referral
- Advocacy
- Service Development
- Screening/placement for residential and/or employment services
- Referral to Support Service Brokerage



PROTECTIVE SERVICES

- Investigation
- Crisis placement

FAMILY SUPPORT

- Needs Assessment
- Respite funds/adaptive equipment needs
- Parent Education
- Behavioral support strategies



ADMINISTRATIVE SERVICES

- Administrator..... 541-265-4190**
Division Directors — Public Health, Mental Health, Primary Care
- Vital Records..... 541-265-4127**
Maintains records of all births and deaths which occur in Lincoln County, and provides certified copies of certificates.

Lincoln County Health & Human Services Department offers educational programs, activities, and materials without discrimination based on race, color, religion, sex, sexual orientation, national origin, age, marital status, disability, or disabled veteran or Vietnam-era veteran status. Lincoln County Health & Human Services is an Equal Opportunity Employer.



Health and Human Services

*Public Health
Mental Health Counseling
Addictions Counseling
Primary Care
Rehabilitation Services
Environmental Health*

Central Office
36 SW Nye Street
Newport, OR 97365

Public Health 541-265-4112
Counseling Services..... 541-265-4179
Environmental Health..... 541-265-4127
Administration..... 541-265-4190
Vital Records..... 541-265-4127

Lincoln City Clinic
Lincoln Community Health Center
Primary Care, Mental Health & Addictions
4422 NE Devils Lake Blvd., Suite 2
Lincoln City, OR 97367
Primary Care 541-265-4947
Mental Health & Addictions 541-265-4196

Newport Clinic
Lincoln Community Health Center
Primary Care
1010 SW Coast Hwy, Suite 203
Newport OR 97365
541-265-4947

South Beach Clinic
Mental Health & Developmental Disabilities Services
4909 S. Coast Highway, Suite 1
South Beach, OR 97366
541-574-5960

TRANSLATION SERVICES AVAILABLE
Hearing Impaired: 541-265-6915