

PRIMARY CARE SERVICES
Lincoln Community Health Center

PRIMARY CARE

Provides primary health care services aimed at improving the health and wellness for the uninsured and underinsured through:

- Routine office visits for illness
- Annual physical examinations
- Well child visits
- Immunizations
- Health education
- Disease prevention
- Diagnosis, management and care for chronic illnesses
- Access to mental health screening and practitioners
- Dental care services
- Help applying for Oregon Health Plan
- Help applying for Prescription Drug Assistance
- Referrals to laboratory and other specialty providers as needed

FAMILY PLANNING

Health care for women wanting birth control providing:

- Necessary exams and other related women's services
- Birth control options and instruction
- Plan B (emergency contraception)

OREGON MOTHER'S CARE

Helps pregnant women with pregnancy testing, health insurance (OHP), prenatal care and WIC.

SCHOOL BASED HEALTH CENTERS

Provides a variety of health and counseling services by nurses, nurse practitioners and counselors in Lincoln County schools.



DEVELOPMENTAL DISABILITIES PROGRAM

Provides life-long case management services, aimed at improving the quality of life of persons with mental retardation or developmental disabilities through:

CASE MANAGEMENT

- Needs assessment
- Referral
- Advocacy
- Service Development
- Screening/placement for residential and/or employment services
- Referral to Support Service Brokerage



PROTECTIVE SERVICES

- Investigation
- Crisis placement

FAMILY SUPPORT

- Needs Assessment
- Respite funds/adaptive equipment needs
- Parent Education
- Behavioral support strategies



ADMINISTRATIVE SERVICES

Administrator.....(541) 265-4190
Division Directors —Public Health, Mental Health,
Primary Care

Vital Records.....(541) 265-4127
Maintains records of all births and deaths which occur in
Lincoln County, and provides certified copies of certificates.

Lincoln County Health & Human Services Department offers educational programs, activities, and materials without discrimination based on race, color, religion, sex, sexual orientation, national origin, age, marital status, disability, or disabled veteran or Vietnam-era veteran status. Lincoln County Health & Human Services is an Equal Opportunity Employer.



Health and Human Services

*Public Health
Mental Health Counseling
Addictions Counseling
Primary Care
Rehabilitation Services
Environmental Health*

Central Office
36 SW Nye Street
Newport, OR 97365

Public Health(541) 265-4112
Counseling Services.....(541) 265-4179
Environmental Health.....(541) 265-4127
Administration.....(541) 265-4190
Vital Records.....(541) 265-4127

Lincoln City Clinic
Lincoln Community Health Center
Primary Care & Mental Health
4422 NE Devils Lake Blvd. Suite 2
Lincoln City, OR 97367
(541) 557-2700

Newport Clinic
Lincoln Community Health Center
Primary Care
1010 SW Coast Hwy Suite 203
Newport OR 97365
(541) 265-4947

South Beach Clinic
Mental Health & Developmental Disabilities Services
4909 S. Coast Highway
South Beach, OR 97366
(541) 574-5960

TRANSLATION SERVICES AVAILABLE

Hearing Impaired: (541) 265-6915

MENTAL HEALTH SERVICES

MENTAL HEALTH

Offers counseling and case management to adults, adolescents, children and families. Group, family and/or individual counseling for problems addressing:

- Self-esteem
- Appropriate expression of feelings, and healthy boundaries
- Coping skills
- Children with behaviors and/or emotional problems and parent training
- Medication evaluation and management
- Support and peer-building relationships

Other services include:

- Screening requests for crisis services during normal working hours
- Providing follow-up care after a crisis and brief therapy
- After-hours counselor contact for crisis by calling 911 or 1-888-232-7192
- Network of Care website and service directory at <http://lincoln.or.networkofcare.org/mh>

ADDICTIONS

Services include:

- Outpatient alcohol and drug treatment
- Group therapy
- Alcohol and drug evaluations
- Prevention and early intervention programs



COMMUNITY SUPPORT

Provides the following supportive services to adults with severe mental illness:

- Case management
- Individual, group and family counseling
- Skills development
- Daily structure and support program
- Consumer run drop-in center
- Supports for consumer self-advocacy

PUBLIC HEALTH SERVICES

WIC

Women, Infants and Children Program

A nutrition education and food supplement program for:

- Pregnant women
- Breastfeeding women
- Non-breastfeeding women with children under 6 months of age
- Infants and children under 5 years of age
- Must be income eligible, and have a medical or special diet issue
- May also provide breast pumps
- Monthly WIC classes
- Provides diet counseling with registered dietician

Class information: (541) 265-4175

MATERNAL/CHILD HOME VISITORS

Nurses providing home visits to pregnant women, new families and children with special health needs:

- Provides education on prenatal care
- Provides education about child development
- Performs developmental testing
- Offers support to families
- Provides immunizations and WIC services
- Connects you to other helpful services



IMMUNIZATIONS

Vaccinations for infants, children and adults:

- By appointment in Newport or Lincoln City offices
- At outreach clinics around the county
- Flu shots during flu season

COMMUNICABLE DISEASE CONTROL

Disease reporting and investigation mandated by law:

- Obtain data about each case
- Inform person of disease nature and provide necessary information
- Identify, notify, test or treat those exposed to each case

TUBERCULOSIS CLINIC

Screening and testing of persons who have been exposed to or need TB screening for work providing:

- Testing and any needed follow up
- Medications at no charge, for the treatment of tuberculosis

HIV SCREENING & SUPPORT SERVICES

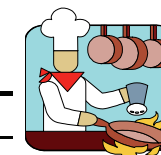
Confidential or anonymous testing of persons concerned about HIV disease providing:

- Testing, education and counseling
- Referral sources for health care & support groups
- Case management by a registered nurse

HEALTH PROMOTION/PREVENTION

Health promotion services include:

- Community wellness education
- Resources for healthy living with chronic conditions
- Alcohol, tobacco, drug and gambling prevention & education
- Enforcement and education of Underage Drinking Laws



ENVIRONMENTAL HEALTH

Registered Environmental Health Specialists:

- License & inspect facilities including restaurants, temporary food booths, public pools & spas, hotels, motels, R.V. parks and organizational camps
- Inspect school kitchens, day care centers, and other facilities (as requested)
- Monitor public water systems and assist to maintain safe drinking water
- Provide a response to various hazardous material problems
- Provide solid waste code enforcement in areas outside of cities and solid waste administration on behalf of Lincoln County
- Provide 24 hour/7 days per week environmental health crisis on-call coverage for related problems
- Train food handlers as required by state law